Using electrode pads with FSM to create 3D field:
Remember: criss-cross “Christmas tree, Bumble Bee”
Red & Green (positive) are placed posterior (back), superior (higher), proximal (closer to torso)
Black & Yellow (negative) are placed anterior (front), inferior (lower), distal (farther from torso)
Red & black go on opposite sides of the body (Right/Left); green & yellow on opposite sides (Left/Right)

Place on abdomen above pelvic bone
Black on left
Yellow on right

Left Knee Example:
Anterior:
Yellow medial, Black lateral
Posterior:
Red medial, Green lateral

“Surround” treatment area

Leads placement with clips/wraps:

Alternating
Place the contacts so the current passes through the tissue to be treated in a 3D “X”

Polarized +
- Red & Green (+) leads go medial (closer to center, on spine), proximal (closer to torso), superior (higher) on the body, posterior (back)
- Black & Yellow (-) leads go distal (farther from torso, inferior (lower), anterior (front)
- On devices with only black and red leads: Red (+) = medial, proximal, superior Black (-) = lateral, distal, inferior

Crocodile clips: match colors to leads

Alligator clips:
- Red clips are attached to red & green (+) leads and clipped to moist wrap that is medial, proximal, superior.
- Black clips are attached to black & yellow (-) leads and clipped to moist wrap that is lateral, distal, inferior.